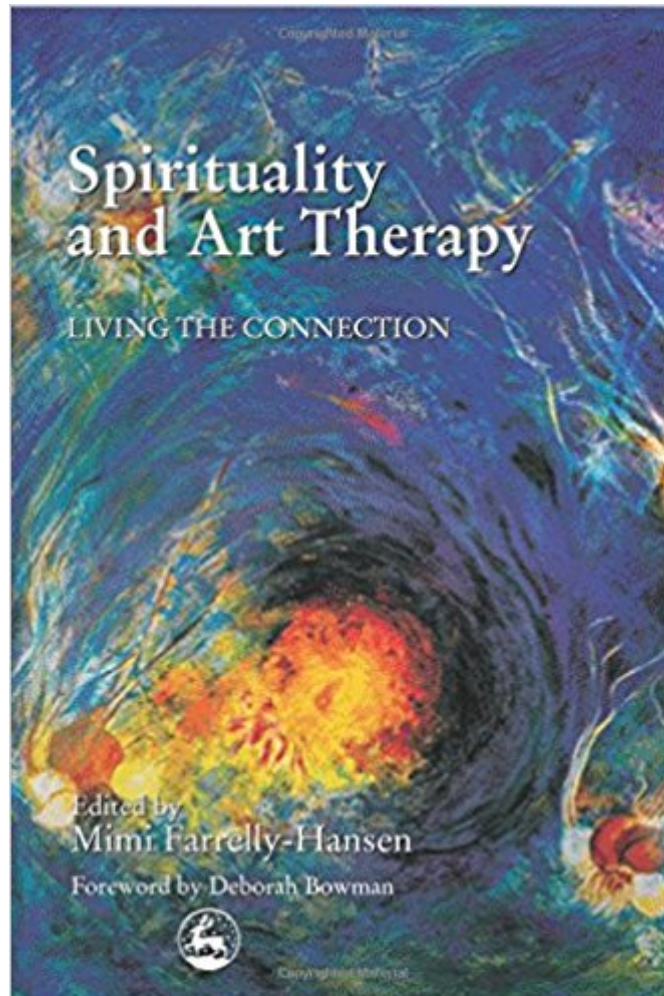




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Spirituality And Art Therapy: Living The Connection



Synopsis

Reflecting the increasing recognition of the importance of the spiritual in healing, *Spirituality and Art Therapy* is an exciting exploration of the different ways in which the spiritual forms an essential, life-enhancing component of a well-rounded therapeutic approach. The contributors are leading art therapists who write from diverse perspectives, including Christian, Jewish, Buddhist and shamanic. They explain how their own spiritual and creative influences interact, finding expression in the use of art as a healing agent with specific populations, such as bereaved children, emotionally disturbed adolescents, and the homeless. The relationships between spirituality and visual art, art therapy and transpersonal psychology are examined. Story and image are interwoven in the spiritual journeys of therapists and clients, and suggested creative exercises make this an accessible, practical resource for those who desire to understand and execute an holistic method of therapy. Arguing that art therapists can mediate between the sacred and the mundane, this pioneering book is an affirmation of the transformative power of art therapy.

Book Information

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Customer Reviews

'Spirituality and Art Therapy is a compelling synthesis of enlightenment. I have been waiting years for a book like this - for both personal and professional use. Thank you for filling a void in the area of art therapy with this collection of wonderful insights.' ---Brian Luke Seaward
'This book is as practical as it is inspiring.' ---Deborah Bowman, Naropa University
'This is an important book for anyone using art for healing. It has the added dimension of providing tools for the spiritual search. I recommend it

highly.' ---Lucia Capacchione

The book has obvious relevance for art therapists, whether for classroom or personal use, as well as for teachers and artists. For practitioners of spiritual traditions, this book provides a view into the ways that spiritual ideas can inform and motivate practical work in the world, forming the foundation of a healing practice. (Religious Studies Review) This anthology is perhaps the first to chart the territory of applying spiritual experiences to art therapy. Each chapter contributes to the development of an understanding of how art creates meaning and is a gift for life which transcends the limits of therapeutic programmes. I found a great deal here of practical use and would recommend this book to practitioners seeking to enhance the depth of their clients' creativity. (British Journal of Occupational Therapy) Spirituality and Art Therapy is a compelling synthesis of enlightenment. I have been waiting years for a book like this - for both personal and professional use. Thank you for filling a void in the area of art therapy with this collection of wonderful insights. (Brian Luke Seaward) This book is as practical as it is inspiring. (Deborah Bowman, Naropa University) This is an important book for anyone using art for healing. It has the added dimension of providing tools for the spiritual search. I recommend it highly. (Lucia Capacchione)

I liked this book very much. I think that all the art therapists and psychologists who use art as a therapeutic tool should read it. They will enjoy the reports as they will learn with the authors reports. It has been very useful for my clinical practice.

Looks like this will be helpful to me and my patients.

as a graduate of naropa university, mimi is one of my mentors. this is easily one of my favorite art therapy books out there. it is endlessly inspiring and beautifully edited. it is full of the wisdom of so many gifted therapists.

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